

Ges.-Platz	Startnr.	Name	Vorname	Ort	Zeit	AK-Platz	AK
1	263	Streicher	Ralf	Göttingen	01:15:43	1	TM 30
2	169	Golinski	York	Bremen	01:16:07	1	TM 35
3	230	Krohne	Holger	Wendeburg	01:16:32	2	TM 30
4	226	Schander	Gerd-Peter	Hannover	01:16:49	1	TM 45
5	255	Siedlitzki	Christian	Bremen	01:17:01	2	TM 35
6	124	Lühning	Joachim	Wendeburg	01:17:34	3	TM 35
7	233	Schierneck	Arne	Wedemark	01:17:59	4	TM 35
8	108	Kramer	Lars	Celle	01:18:14	1	TM 21
9	198	Simon	Wolfgang	Meine	01:18:31	1	TM 50
10	285	Colshorn	Christian	Hamburg	01:18:55	2	TM 21
11	37	Thiem	Jandrick	Hamburg	01:19:16	3	TM 21
12	221	Sader	Ingo	Hemmingen	01:19:20	2	TM 45
13	128	Schwall	Ulf	Himmelpforte	01:19:25	4	TM 21
14	259	Bächle	Wolfgang	Barsinghaus en	01:19:29	1	TM 40
15	19	Hering	Axel	Lehrte	01:19:38	5	TM 21
16	199	Stubel	Uwe	Buchholz	01:19:53	2	TM 50
17	272	Kramer	Jens	Nienhagen	01:20:09	3	TM 30
18	94	Lübke	Thorsten	Celle	01:20:19	5	TM 35
19	210	Maetje	Siegfried	Uetze	01:20:24	3	TM 45
20	242	Wegner	Axel	Calberlah	01:20:38	6	TM 35
21	224	Friebe	Karsten	Hamel	01:20:39	7	TM 35
22	175	Gibas	Lutz	Hannover	01:21:12	6	TM 21
23	270	Bültmann	Andreas	Bückeberg	01:21:13	7	TM 21
24	261	Roch	Christian	Hannover	01:21:16	4	TM 30
25	116	Schultz	Raimund	Hannover	01:21:17	4	TM 45
26	64	Nothdurft	Annette	Hannover	01:21:23	1	TW 35
27	158	Castineira	Carlos	Hannover	01:21:25	5	TM 30
28	222	Handschr	Mirko	Springe	01:21:28	6	TM 30
29	134	Gebenslebe n	Frank	Wolfsburg	01:21:34	2	TM 40
30	177	Piehl	Lothar	Wienhausen	01:21:35	1	TM 55
31	271	Lohde	Karsten	Hamel	01:22:05	8	TM 35
32	240	Quendler	Ingo	Hannover	01:22:06	8	TM 21
33	131	Evers	Björn	Bielefeld	01:22:51	7	TM 30
34	18	Stelter	Ferdinand	Celle	01:23:01	3	TM 40
35	123	Haeger	Heinz	Heuerßen	01:23:20	4	TM 40
36	88	Jansen	Kerstin	Hannover	01:23:39	1	TW 30
37	113	Knebel	Bernd	Munster	01:24:02	5	TM 45
38	250	Obst	Stefan	Burgdorf/Otz e	01:24:18	9	TM 35
39	195	Roggenkam p	Andreas	Neustadt 1	01:24:24	5	TM 40
40	43	Witte- Graffunder	Andreas	Hannover	01:24:41	6	TM 40
41	150	Gast	Andreas	Dörnten	01:24:45	10	TM 35
42	34	Schindler	Sven	Garbsen 1	01:24:48	11	TM 35
43	149	Lange	Andreas	Hermannsbu rg	01:25:01	12	TM 35
44	188	Dierking	Uwe	Bremen	01:25:07	9	TM 21
45	180	Lohmann	Rolf- Miachael	Hamburg	01:25:08	7	TM 40
46	41	Malysch	Gerald	Faßberg	01:25:24	8	TM 40
47	253	Kappher	Wilfried	Garbsen	01:25:29	6	TM 45

48	135	Richter	Thomas	Lahstedt	01:25:32	9	TM 40
49	212	Walzer	Stefan	Hermannsbu rg	01:25:36	13	TM 35
50	139	Seebaß	Kris-roman	Otterndorf	01:25:42	1	TM 16
51	231	Schell	Rudy	Isernhagen	01:25:46	3	TM 50
52	151	Prill	Bernd	Schneverdin gen	01:25:53	14	TM 35
53	136	Brodhun	Holger	Celle	01:26:02	10	TM 40
54	194	Wolbring	Carsten	Isernhagen	01:26:04	8	TM 30
55	193	Grambs	Michael	Hermannsbu rg	01:26:07	15	TM 35
56	160	Wassmann	Hans	Hermannsbu rg	01:26:09	7	TM 45
57	166	Zielke	Frank	Celle	01:26:33	11	TM 40
58	112	Jaschinski	Günter	Bispingen	01:26:36	1	TM 60
59	40	Langerbein	Bernd	Nienhagen	01:26:38	10	TM 21
60	87	Busse	Katrin	Göttingen	01:26:50	2	TW 35
61	32	Döbel	Friedhelm	Burgdorf/Otz e	01:26:51	8	TM 45
62	58	Lehmann	Dagmar	Hannover	01:27:08	3	TW 35
63	254	König	Werner	Ilse	01:27:11	12	TM 40
64	213	Ostmeyer	Martin	Laatzen	01:27:19	11	TM 21
65	89	Kinsey	Deborah Jayne	Sehnde	01:27:24	4	TW 35
66	267	Melching	Wolfgang	Seggebruch	01:27:34	9	TM 45
67	279	Schlimper	Manfred	Wedemark	01:27:42	2	TM 60
68	246	Braumann	Jürgen	Hildesheim	01:27:46	13	TM 40
69	140	Ahrens	Reiner	Stelle- Ashausen	01:27:47	14	TM 40
70	121	Rohloff	Gert	Stade	01:27:50	15	TM 40
71	265	Hendrych	Ralf	Bremen	01:27:55	16	TM 35
72	227	Laskowski	Ralf	Heyen	01:28:05	17	TM 35
73	223	Walzer	Frank	Hermannsbu rg	01:28:06	18	TM 35
74	111	Winning	Stefan	Soltau	01:28:07	19	TM 35
75	30	Wartmann	Hans- Joachim	Burgdorf/Otz e	01:28:08	4	TM 50
76	262	Wöhler	Andreas	Hannover	01:28:16	16	TM 40
77	127	Birkefeld	Holger	Celle	01:28:20	17	TM 40
78	9	Post	Stephan	Heligenhafen	01:28:26	20	TM 35
79	220	Deinhardt	Hans-Georg	Hannover	01:28:31	9	TM 30
80	86	Bruchmüller	Hanna	Bovenden	01:28:44	1	TW 21
81	42	Schmidt	Thorsten	Hannover	01:28:48	10	TM 30
82	171	Brandt	Ingo	Bad Münder	01:28:48	10	TM 45
83	286	Treu	Michael	Hamburg	01:28:49	21	TM 35
84	170	Meyer	Uwe	Wunstorf	01:28:55	11	TM 45
85	157	Loeper	Dieter	Eicklingen	01:29:02	3	TM 60
86	24	Franke	Ingo	Nienhagen	01:29:16	22	TM 35
87	256	Meyer	Marcel	Peine	01:29:23	1	TM 18
88	39	Depner	Christian	Winsen	01:29:24	23	TM 35
89	137	Twele	Georg	Neustadt 1	01:29:28	5	TM 50
90	167	Hinz	Thomas	Garbsen 1	01:29:30	24	TM 35
91	81	Krohne	Kirsten	Wendeburg	01:29:31	2	TW 30
92	62	Kaindl	Kathrin	Neustadt 1	01:29:36	1	TW 40
93	229	Bartling	Heinrich	Wunstorf	01:29:40	6	TM 50

94	126	Schulz	Joachim	Hannover	01:30:01	2	TM 55
95	196	Volz	Hartwig	Celle	01:30:05	3	TM 55
96	184	Kisser	Diethard	Lachendorf	01:30:12	25	TM 35
97	25	Husemann	Achim	Uetze	01:30:15	12	TM 45
98	72	Dornieden	Julie	Celle	01:30:15	1	TW 20
99	133	Schmidt	Thomas	Uelzen	01:30:18	26	TM 35
100	249	Benedict	Detlev	Nienhagen	01:30:24	18	TM 40
101	248	Colshorn	Thomas	Kiel	01:30:31	12	TM 21
102	8	Janke	Volker	Neustadt/OH	01:30:32	13	TM 45
103	93	Schlicht	Claudia	Nienhagen	01:30:43	3	TW 30
104	5	Stradas	Henning	Braunschweig	01:30:46	4	TM 60
105	138	Borgerding	Niels	Celle	01:31:04	13	TM 21
106	168	Trick	Detlef	Holle	01:31:04	19	TM 40
107	144	Jäger	Cornelius	Peine	01:31:06	14	TM 21
108	145	Thuns	Marco	Peine	01:31:07	15	TM 21
109	23	Schaldach	Ralf	Winsen/Luhe	01:31:09	20	TM 40
110	163	Ness	Robert	Gräfelfing	01:31:09	27	TM 35
111	219	Friedrich	Carsten	Hannover	01:31:09	11	TM 30
112	143	Quint	Volker	Bad Salzdetfurth	01:31:10	12	TM 30
113	282	Lodemann	Martin	Celle	01:31:33	28	TM 35
114	31	Döbel	Heinz	Burgdorf/Otze	01:31:45	7	TM 50
115	190	Weiß	Michael	Berlin	01:31:49	16	TM 21
116	29	Sachse	Guntram	Wietze	01:31:59	5	TM 60
117	159	Permanseder	Manfred	Celle	01:31:59	29	TM 35
118	252	Groß	Dominique-Pasc.	Hannover	01:32:02	17	TM 21
119	129	Chudoba	Hans-Werner	Isernhagen	01:32:05	14	TM 45
120	284	Jochim	Tobias	Bad Münder	01:32:05	18	TM 21
121	82	Bartling	Heidrun	Wunstorf	01:32:07	2	TW 40
122	189	Doye	Lutz	Hemkenrode	01:32:15	15	TM 45
123	200	Tittel	Markus	Bremen	01:32:17	30	TM 35
124	115	Rünger	Eike	Rietberg	01:32:30	13	TM 30
125	239	Wittig	Rene	Celle	01:32:31	19	TM 21
126	187	Christian	Gerald	Winsen	01:32:35	20	TM 21
127	49	Skodzik	Heiko	Winsen	01:32:44	14	TM 30
128	269	Wenzel	Christoph	Celle	01:32:48	21	TM 21
129	69	Peschel	Sarah	Oldenburg	01:32:51	2	TW 21
130	179	Gümmer	Klaas	Hannover	01:32:51	15	TM 30
131	266	Spitzer	Ted	Celle	01:33:01	31	TM 35
132	217	Drewke	Daniel	Celle	01:33:19	16	TM 30
133	241	Diemert	Norbert	Celle	01:33:31	21	TM 40
134	209	Schütte	Michael	Hannover	01:33:36	22	TM 40
135	73	Narloch	Eva-Carina	Adelheidsdorf	01:33:37	2	TW 20
136	15	Dominik	Andre	Lehrte	01:33:39	17	TM 30
137	277	Wieland	Olaf	Hannover	01:33:43	32	TM 35
138	59	Cramm	Nina	Lahstedt	01:33:45	3	TW 20
139	154	Schmidt	Urban	Celle	01:33:52	16	TM 45

140	22	Schaldach	Gerd	Winsen-Luhe	01:33:54	33	TM 35
141	74	Koch	Friedericke	Faßberg	01:33:59	3	TW 40
142	38	Barbay	Hans-Peter	Hannover	01:34:01	17	TM 45
143	243	Herrmann	Klaus	Isernhagen	01:34:23	23	TM 40
144	33	Martin	Detlef	Seelze	01:34:25	18	TM 45
145	225	Pracht	Martin	Hannover	01:34:28	24	TM 40
146	257	Leverenz	Marc	Wennigsen	01:34:44	18	TM 30
147	110	Dietert	Gunter	Celle	01:34:45	19	TM 30
148	66	Beier	Chistina	Hamburg	01:34:58	3	TW 21
149	237	Hübner	Wilfried	Unterlüß	01:34:58	4	TM 55
150	83	Tandler	Bianka	Calberlah	01:35:38	5	TW 35
151	141	Reddies	Karsten	Hannover	01:35:42	20	TM 30
152	258	Wegner	Hartmut	Gifhorn	01:35:56	19	TM 45
153	228	Feldkötter	Tim	Luhden	01:36:03	2	TM 16
154	173	Rothe	Sören	Celle	01:36:05	2	TM 18
155	245	Coroba	Carsten	Hannover	01:36:06	22	TM 21
156	268	Wenzel	Johannes	Celle	01:36:30	3	TM 18
157	176	Walleit	Mario	Oldenburg	01:36:48	25	TM 40
158	182	Tolle	Carsten	Lachendorf	01:36:49	21	TM 30
159	130	Burmeister	Rolf	Hannover	01:37:35	34	TM 35
160	146	Heiligentag	Sven	Peine	01:37:37	23	TM 21
161	148	Rath	Hans-Jürgen	Barsinghausen	01:37:38	5	TM 55
162	165	Struß	Gerhard	Hemmingen	01:37:45	8	TM 50
163	79	Von Fintel	Petra	Munster	01:38:00	4	TW 30
164	14	Tewes	Klaus	Reppenstedt	01:38:07	9	TM 50
165	13	Kländler	Helmut	Hannover	01:38:09	6	TM 55
166	35	Henkel	Jens-Martin	Hambühren	01:38:16	24	TM 21
167	77	Gärner	Hannelore	Celle	01:38:17	4	TW 40
168	36	Panke	Guido	Langesbüttel	01:38:21	26	TM 40
169	7	V. Speßhardt	Henning	Celle	01:38:23	6	TM 60
170	278	Thiede	Karsten	Salzwedel	01:38:24	27	TM 40
171	191	Friedrich	Gerd	Hermannsburg	01:38:32	10	TM 50
172	61	Grützmann	Ines	Nienhagen	01:38:38	4	TW 21
173	26	Rother	Dirk	Nienhagen	01:38:53	35	TM 35
174	56	Hilbers	Petra	Hannover	01:39:08	6	TW 35
175	178	Hilgendorf	Sacha	Celle	01:39:08	25	TM 21
176	54	Rother	Tanja	Nienhagen	01:39:11	5	TW 30
177	118	Vockel	Gerhard	Hannover	01:39:20	1	TM 65
178	57	Bröhl	Birgit	Faßberg	01:39:24	7	TW 35
179	153	Meyer	Gerhard	Celle	01:39:27	36	TM 35
180	152	Helweg	Thomas	Osnabrück	01:39:33	37	TM 35
181	125	Seeck	Roger	Nienburg	01:39:39	28	TM 40
182	142	Jaunich	Volker	Lüneburg	01:39:45	11	TM 50
183	91	Gradert	Isabel	Nienhagen	01:40:02	1	TW 18
184	202	Borowsky	Oliver	Hambühren	01:40:19	38	TM 35
185	2	Siemen	Andreas	Celle	01:40:49	29	TM 40
186	12	Kuch	Erich	Wienhausen	01:40:57	7	TM 60
187	75	Hattendorf	Stephanie	München	01:41:01	5	TW 21
188	185	Degler	Sven-Lars	Celle	01:41:18	22	TM 30
189	16	Menke	Klaus	Wedemark	01:41:25	30	TM 40
190	21	Maelecke	Thomas	Celle	01:41:35	31	TM 40

191	275	Schwall	Bernd	Himmelpforte	01:41:36	20	TM 45
192	84	Klav	Manuela	Celle	01:41:42	6	TW 21
193	287	Otte	Bernd	Celle	01:41:55	39	TM 35
194	70	Pahl	Sylvia	Hannover	01:42:21	7	TW 21
195	109	V.Rekowski	Andreas	Celle	01:42:24	26	TM 21
196	205	Baumgart	Andreas	Hambühren	01:42:38	32	TM 40
197	85	Adolf	Helga	Faßberg	01:42:53	1	TW 60
198	20	Wormuth	Rüdiger	Celle	01:43:21	23	TM 30
199	280	Campbell	Ewan	Celle	01:43:57	24	TM 30
200	92	Böse	Renate	Lachendorf	01:44:13	8	TW 35
201	264	Fischer	Lutz	Lohheide	01:44:20	40	TM 35
202	44	Neugebauer	Peter	Ronnenberg	01:44:48	8	TM 60
203	156	Ruprecht	Gerhard	Celle	01:45:21	9	TM 60
204	11	Koenig	Andreas	Celle	01:45:23	41	TM 35
205	247	Ellert	Andree	Hamburg	01:45:38	27	TM 21
206	218	Esselmann	Frank	Hamburg	01:46:02	33	TM 40
207	4	Klinke	Joachim	Wolfsburg	01:47:11	1	TM 70
208	71	Burkert	Gracia	Walsrode	01:47:15	4	TW 20
209	235	Heiland	Tim	Eschede	01:47:15	3	TM 16
210	60	Bernau	Waltraud	Bremen	01:47:37	1	TW 50
211	162	Ahrens	Karsten	Ronnenberg	01:48:02	25	TM 30
212	80	Luhmann	Mieke	Lohheide	01:48:09	6	TW 30
213	161	Homann	Bernhard	Celle	01:48:15	12	TM 50
214	251	Hesse	Valentin	Hannover	01:48:41	28	TM 21
215	174	Woköck	Torsten	Celle	01:48:55	26	TM 30
216	68	Henjes-Kunst	Katharina	Hannover	01:49:14	8	TW 21
217	90	Schoeps	Annika	Celle	01:49:26	1	TW 16
218	281	Fisher	Gareth John	Celle	01:49:48	29	TM 21
219	46	Buhrmann	Heino	Wunstorf	01:49:49	34	TM 40
220	48	Buhrmann	Philipp	Wunstorf	01:49:50	4	TM 16
221	276	Dierking	Jürgen	Celle	01:49:52	10	TM 60
222	208	Berkel	Uwe	Hambühren	01:50:16	42	TM 35
223	283	Wienhold	Felix	Celle	01:50:47	4	TM 18
224	214	Höner	Jürgen	Wienhausen	01:51:08	35	TM 40
225	147	Dierich	Jürgen	Hemmingen	01:51:35	21	TM 45
226	55	Kuhnert	Claudia	Wienhausen	01:52:18	7	TW 30
227	201	Jarosiewicz	Thomas	Hambühren	01:53:06	43	TM 35
228	244	Kalo	Michael	Lachendorf	01:53:15	30	TM 21
229	63	Stoycheva	Juanka	Hannover	01:54:06	9	TW 21
230	186	Paulick	Achim	Hannover	01:54:33	2	TM 65
231	67	Gudehus	Telsche	Celle	01:55:08	2	TW 50
232	76	Regenthal	Doris	Adelheidsdorf	01:55:18	5	TW 40
233	78	Heinichen	Frauke	Celle	01:56:20	8	TW 30
234	65	Fuchs	Antje	Celle	01:56:40	9	TW 30
235	52	Noll	Heike	Wunstorf	01:56:48	6	TW 40
236	206	Jarosiewicz	Dirk	Hambühren	01:57:59	44	TM 35
237	203	Linke	Wolfgang	Wietze	02:00:25	36	TM 40
238	27	Ziems	Roger	Solingen	02:03:01	37	TM 40
239	236	Heiland	Uwe	Eschede	02:03:08	38	TM 40
240	50	Pelikan	Hartmut	Garbsen 1	02:14:38	3	TM 65